

# Seek More Wonder

WAYS TO ENGAGE WITH AWE AND FASCINATION IN 2021

Bring the activities and topics which really resonate with you, keep your attention, and bring you joy into your spiritual life.

For instance, if you're really into fitness and physical activity, incorporate meditative movement in your practice. Or if you're really into cooking you could look into kitchen witchery or ways to provide food for special observances.

Seek out more sources of wonder and fascination as part of your spiritual and personal development. Make a list of things you're curious about and make an effort to try them.

This could be new activities, new things to learn, new experiences, or new things to explore.

Connect more deeply with the people you know by asking them about the things that really light them up and spark wonder in them. Don't do this as a way to judge or compare, but to try and see the world through their eyes and understand why their spiritual viewpoint or practice may be much different from yours.

Make an effort to prioritize the things which resonate with you over the things other people want you to like or be invested in.

This is all about really tuning into your authentic self and what sparks joy and wonder in you rather than trying to fit the expectations of others or trying to emulate those around you. Get rid of the guilt in guilty pleasures!

Find other people who find joy and magic in the same things you do, and put more emphasis and focus on the things you share a resonant interest in with people you already know.

This is all about strengthening your relationships and creating new, meaningful relationships to enrich your life and create a community.