

The Basics of Magic

Part Two: Your Magic is FOR YOU



Make It About YOU

Think of one thing you want to manifest or make happen with magic, and then think about these aspects of it:

How am I hoping this will change the way something or someone is or acts?

What is it in my own life or way of being that makes this situation harder?

If this working works as planned, will I need to do it again in the future?

Now think about how a working can be focused inward to get a better result:

Now try it out!

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Start a Magic Journal

When you're starting out or learning a new skill, experiment and keep a record of results. Try these opposing types of workings to see how they turn out for you:

Attraction vs Desire

Do some simple workings to manifest from a place of you attracting that thing & compare it to asking to be given that thing

Protection vs Control

Do some simple workings to increase your ability to repel/avoid a thing & compare them to making it change or go away

Empowerment vs Assistance

Do some simple workings to boost your energies for a purpose & compare them to asking outside powers to work in your favor

Effectiveness vs Success

Do some simple workings to boost qualities needed to be effective at something & compare them to manifesting specific results

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Recognize Your Powers

Think of three times you changed your mindset or attitude toward something and that changed the outcome in some way:

What does that tell you about your own impact on the world around you? How can you apply that to your magical practice?

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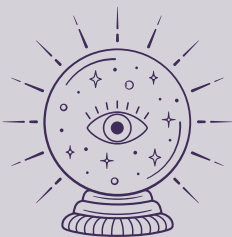
You Are Powerful Without Magic

List the things you know you're good and effective at even without turning to magic for a boost:



Magic Can Help You Learn

List some things you wish you were better or more effective at, and how you could use magic as "training wheels" while you improve:



Your Magic Is Your Power

List the things you've always believed you're bad or ineffective at, and how magic can be a different way of having those abilities:

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Empowerment Magic

Set aside a specific period of time to focus your magic specifically on your confidence, your mindset, and your sense of power.

Power Up Your Individuality

Worship yourself and the ways you are different and unique from everyone else. Play with and draw on that energy.

Explore Your Entire Self

Explore the pieces of yourself that you don't show others by letting those parts come out to play and lead your magical practice.

Dump Your Baggage

Use your magic to banish and separate yourself from the things that slow you down or hold you back from your intentions.

Reinforce Your Boundaries

Put some energy and focus into setting some rules and boundaries around whose energy gets to affect your life and whose doesn't.

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Solidify Your Vision

Describe the reality that you want to manifest through your magical practice. Get really clear on YOUR intentions.

How do I want my relationships to be?

What patterns do I want to change in my life?

How do I want to be different than I am right now?

What mistakes do I want to stop making?

What are the good parts of my life I want to increase?

How do I want to feel?

What do I want to learn?