

Find What Resonates

Whatever our magical practice looks like, it ultimately needs to resonate with us. Your intuition will tell you what doesn't fit.

What feels comfortable?

There are different kinds of discomfort, but if you struggle to wrap your mind around something or feel like you're pretending or going through the motions, it's not resonating.

What captures your imagination?

Do more of the things which make you imagine all the ways you can use that technique or methodology. Do less of the things which feel boring and uninteresting to you.

What inspires you?

When a type of working or a methodology makes you aspire to master it, it's resonating with your deep self in an inspirational way. Follow that feeling.

What do you enjoy?

The single biggest indicator that something truly resonates with your deep self is that you enjoy doing it and look forward to it. Do more of what you love.



Connect to your subconscious

Intuition comes from your subconscious mind, so connecting with it is crucial to mastering magic. Pay attention to when it speaks:

How do you know when your subconscious mind has made an intuitive decision?

How do you feel when your intuition tells you something is true but you have no logical information to back it up?

In the past, have you trusted your intuition or suppressed it in favor of logic? How has that worked out in general?



Intuition in action

Think of times in the past when what you wanted manifested by a different timeline or in a different way than you envisioned, and without you making it happen.



Intuitive intentions

Experiment with various ways of embedding your intentions into your subconscious so it can work on those intentions intuitively:

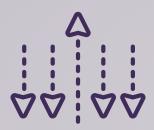
- Repeat your intention as a mantra every night and morning
- Create a sigil to represent your intention and meditate on it
- Associate your intention with a song, listen to that song several times, and then put it away to not listen to it for a while
- ~ Tell your intention to a bunch of inanimate objects
- Write your intention down and then hide the paper somewhere you won't find it for a while
 - Write or draw your intention with a toothpick on something edible and then consume it



Challenge your intuition

Plan and do a working or spell guided only by your intuition and what makes sense to you, without looking up the "right" way to do it. Later, record the outcome.

A protection working:		
	A prosperity working:	
A self-development working:		



Embrace the differences

Often our intuitive ways of practicing magic surface in little details that we find ourselves doing our own way because it makes more sense to us.

Different energies

Are there crystals or tools or objects that feel different to you than everyone expects them to?

Different meanings

Are there symbols or signs that appear in your practice and mean something to you that's different from the norm?

Different rituals

Are there things that you incorporate or leave out of your practice that goes against expectations or traditions?

Different ideas

Are there areas where your understanding of the world or the universe is very different from the other practitioners you know of?