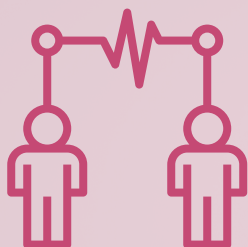


The Basics of Magic

Part Six: Magic is COMMUNICATION



Nonverbal Communication

Try different ways of conveying meaning in ways that don't involve speaking, and think of how they can be used in your magic.

- ~ Sign language or hand signals
 - ~ Drawing or painting
- ~ Interpretive dance or other body movements
 - ~ Telepathy
 - ~ Symbolic gestures
 - ~ Gift giving
 - ~ Music
 - ~ Morse code
- ~ Visible displays of emotion
 - ~ Letters and notes
 - ~ Secret codes
- ~ Clothing and jewelry
 - ~ Symbolic items
 - ~ Silence
 - ~ Touch

The Basics of Magic

Part Six: Magic is COMMUNICATION



State Your Intentions

Practice writing your intentions to be as specific and detailed but as brief as possible. Consider:

What are the parameters?

Is it important to include a deadline, a specific quantity or location, or some other definitive limit? Have you specified a limit that isn't strictly necessary to the intention?

Are there better words?

Are the word's you've chosen the best words to specify what you mean? Would being more general expand the potential success? Would being more specific be more clear?

What is your why?

What's the ultimate purpose and motivation behind the intention? Are you truly asking for the right thing in your intention statement or is there a deeper intention there?

Are you being flexible?

Is the way you're stating your intention leaving open the possibility for you to get what you want in a way you don't expect? Are you demanding or requesting?

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Talking to yourself

Write about three times that you talked or thought about something and then it later happened. Even if it was accidental, how did you communicate it to your subconscious and release it from your logical brain?

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Part Six: Magic is COMMUNICATION



Learn to let go

Practice and experiment with different ways of releasing intentions from your logical mind as part of your workings.

Remove the reminders

Don't surround yourself with reminders of your intention. Your logical brain needs reminders but your subconscious doesn't.

Write it and destroy it

Write it down, and once it's embedded in your subconscious, burn, shred, dissolve, or find some other way to ritually release it.

Focus elsewhere

Give your logical brain something else to occupy it while your subconscious works on your intention.

Clear your mind

Practice meditation and other ways of clearing and quieting your mind so it releases obsessions and distractions.

The Basics of Magic

Part Six: Magic is COMMUNICATION



Active listening to your intuition

Active listening means making sure you're getting all the details by asking questions. Think of ways to get clarification and more detail from your intuition:

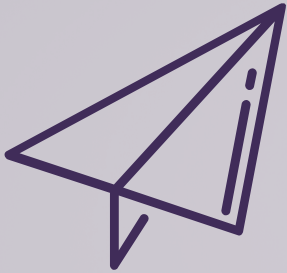
To get more specifics:

To get clarity:

To confirm your understanding:

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Part Six: Magic is COMMUNICATION



Asking for a sign

Practice asking your intuition to communicate through specific feelings, signs, or signals. Record what happens:

Ask for a message in the form of a specific thought.

Ask for a message in the form of a feeling.

Ask for a message in the form of a sign or signal.