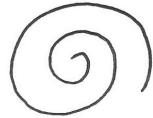
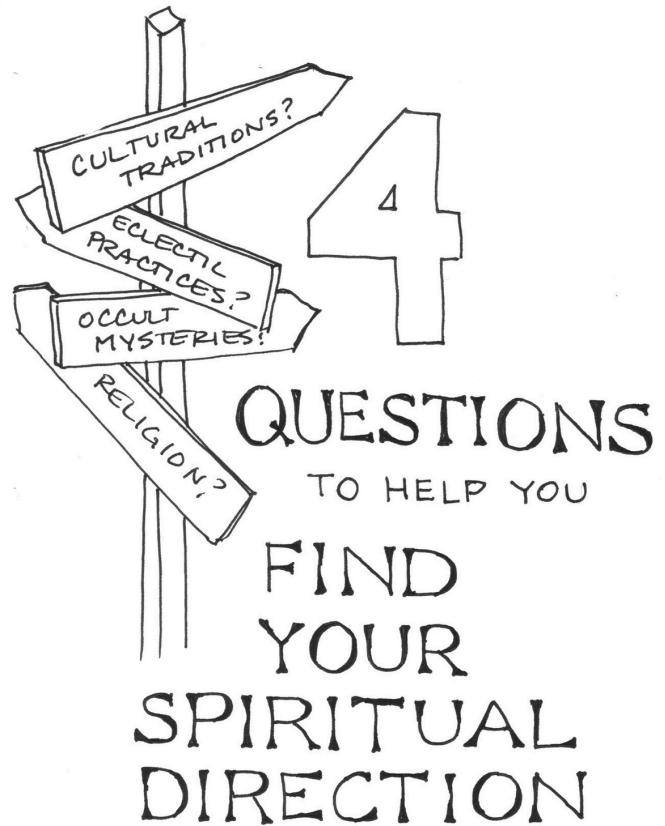


ZINE CONTENT BY
BRIDGET OWENS
©2025

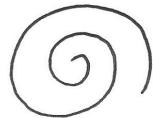


BRIDGETOWENS.COM

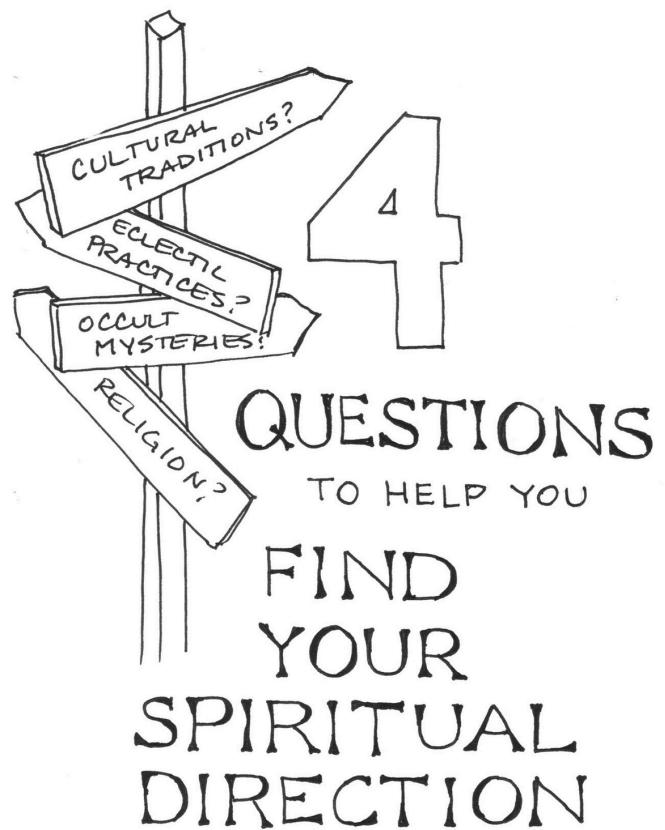


A ZINE BY BRIDGET OWENS

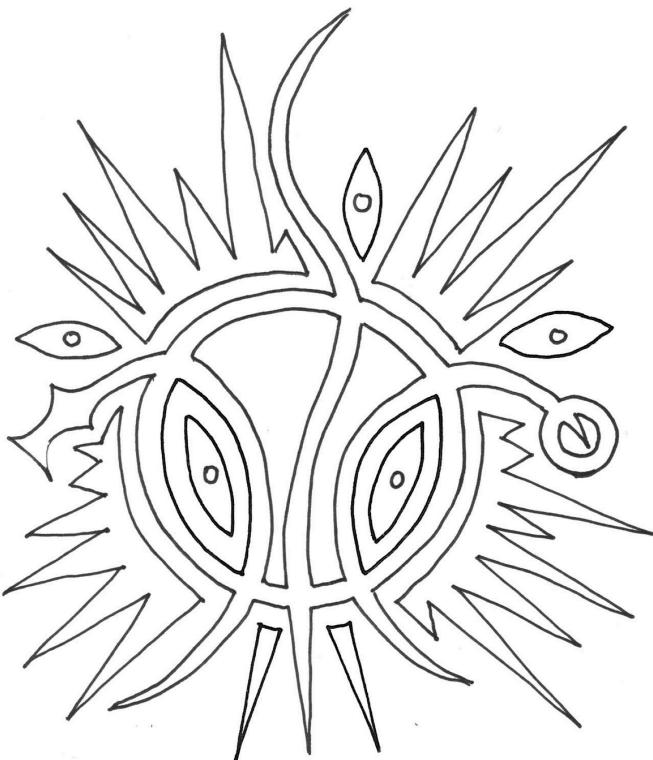
ZINE CONTENT BY
BRIDGET OWENS
©2025



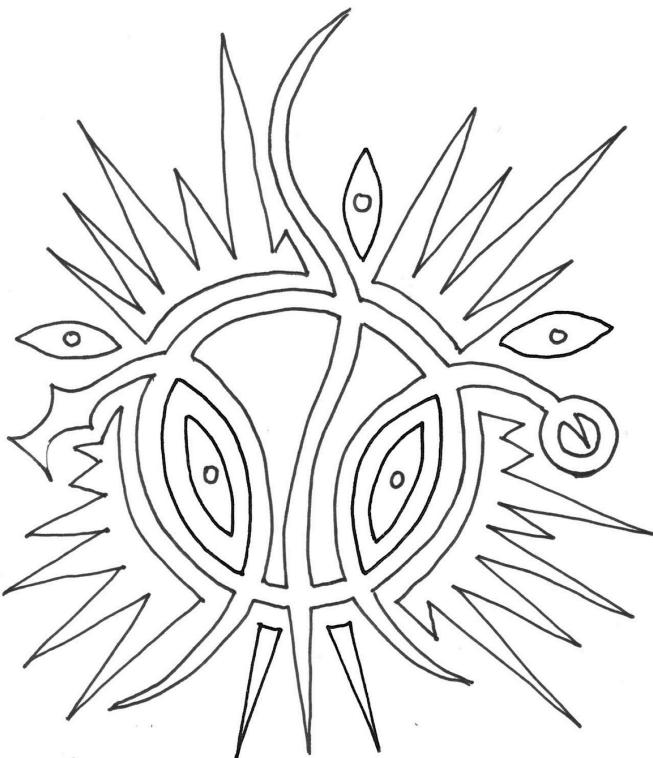
BRIDGETOWENS.COM



A ZINE BY BRIDGET OWENS



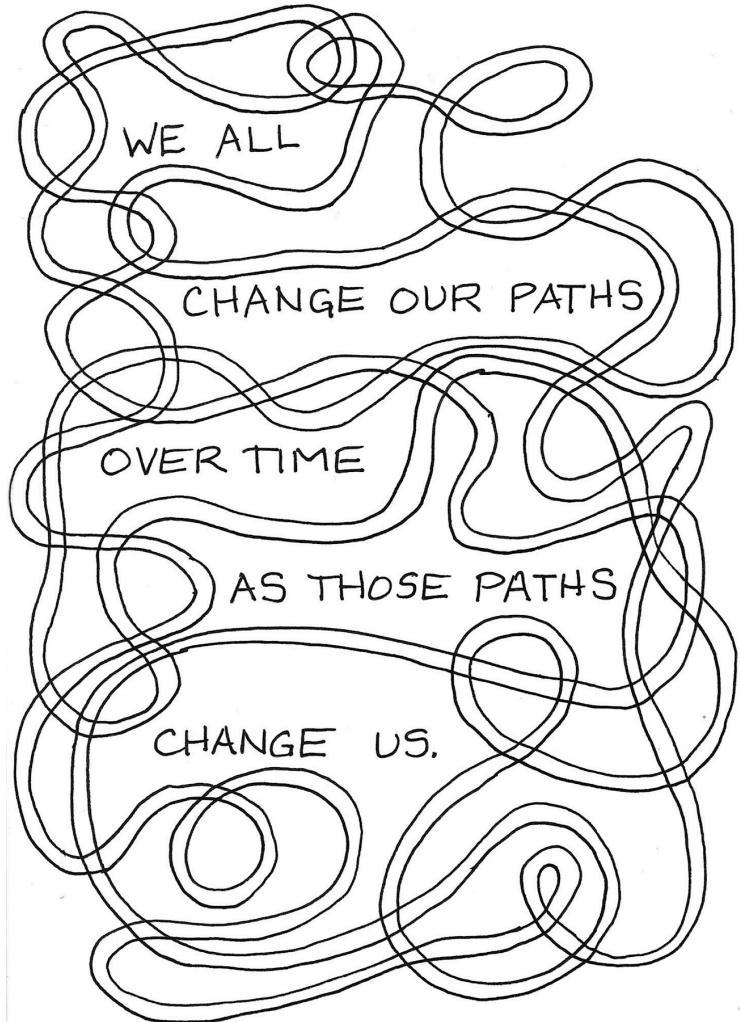
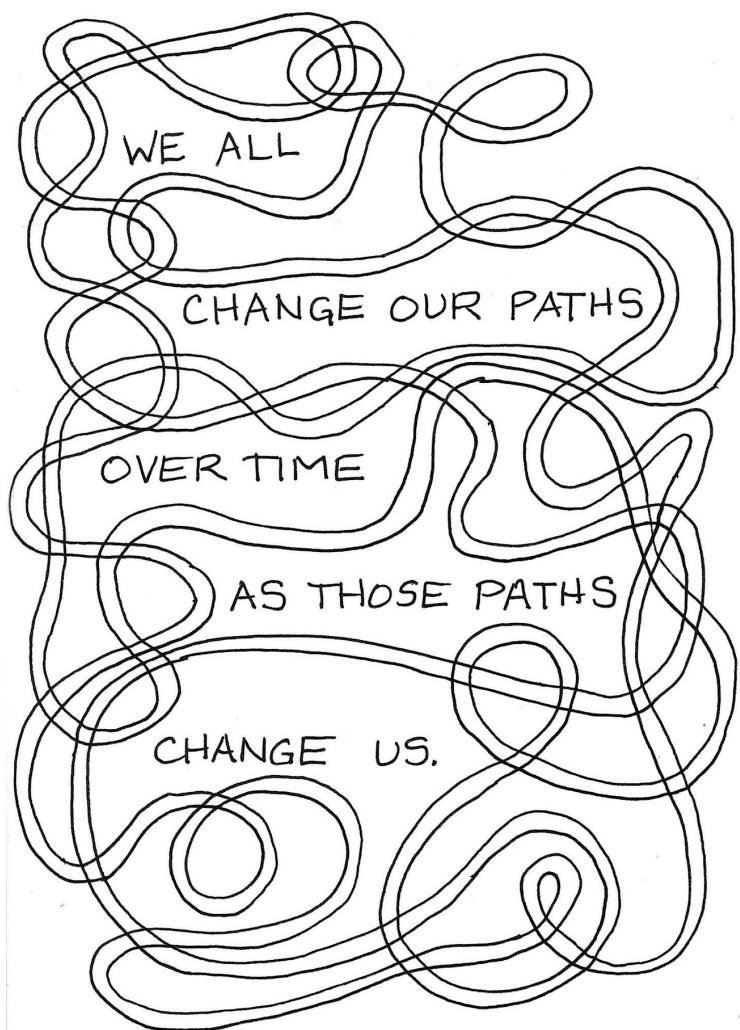
THE PATH AHEAD OF ME
IS MINE TO FORGE



THE PATH AHEAD OF ME
IS MINE TO FORGE

DON'T
FORCE
YOURSELF
TO FIT
WHERE
YOU
DON'T

DON'T
FORCE
YOURSELF
TO FIT
WHERE
YOU
DON'T



"BIG RELIGION" makes things simple. \Rightarrow It comes with clear instructions and direction and rules. \Leftrightarrow But if you're feeling pulled towards stuff like... \Rightarrow **MAGIC** \Rightarrow **PAGANISM** \Rightarrow **WITCHCRAFT** \Rightarrow

...or other forms of spirituality that don't have a centralized, organized form (or that form only existed in an ancient culture), it can be overwhelming and frustrating to try and lead ourselves forward.

HOW DO YOU FIND SOMETHING IF YOU DON'T KNOW EXACTLY WHAT YOU'RE LOOKING FOR??

Well, let's narrow things down...



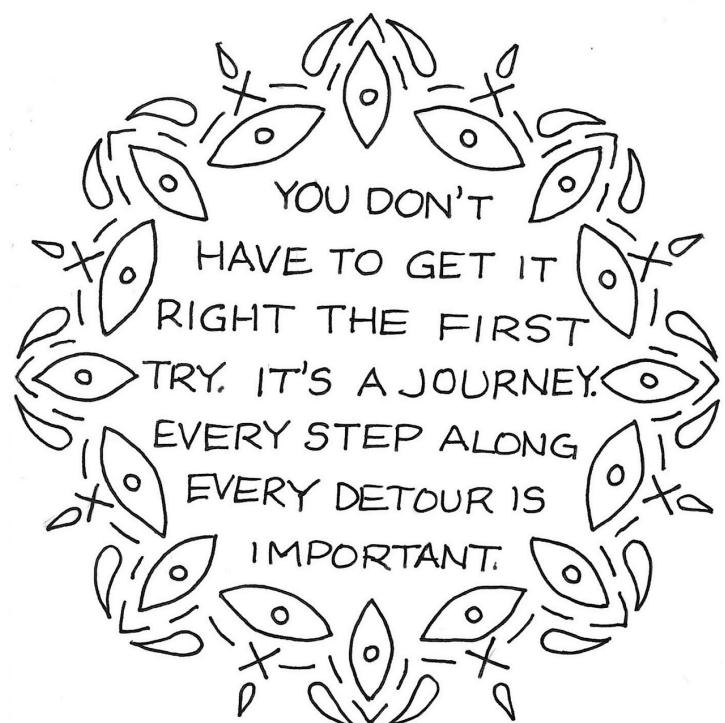
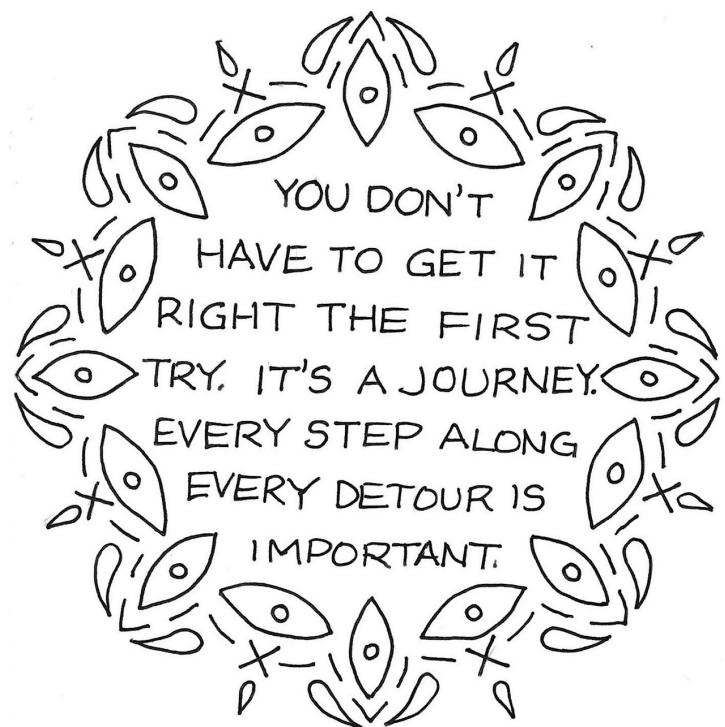
"BIG RELIGION" makes things simple. \Rightarrow It comes with clear instructions and direction and rules. \Leftrightarrow But if you're feeling pulled towards stuff like... \Rightarrow **MAGIC** \Rightarrow **PAGANISM** \Rightarrow **WITCHCRAFT** \Rightarrow

...or other forms of spirituality that don't have a centralized, organized form (or that form only existed in an ancient culture), it can be overwhelming and frustrating to try and lead ourselves forward.

HOW DO YOU FIND SOMETHING IF YOU DON'T KNOW EXACTLY WHAT YOU'RE LOOKING FOR??

Well, let's narrow things down...





REMEMBER:

We may walk parallel spiritual roads some or all of the time, but we each are on our own journey. It doesn't have to be the same as anyone else's, even people we look up to and admire. We don't need the approval of others along the way.

REMEMBER:

We may walk parallel spiritual roads some or all of the time, but we each are on our own journey. It doesn't have to be the same as anyone else's, even people we look up to and admire. We don't need the approval of others along the way.

Every form of spiritual thought enshrines some basic assumptions about how the world works. And each of us have our own core values and beliefs which are deeply engrained in us from our life experiences. IF THESE CONFLICT WITH EACH OTHER, YOU WILL STRUGGLE WITHIN THAT PRACTICE OR TRADITION!



OF ALL THE SPIRITUAL PATHS OUT THERE,
AVOID THE ONES WHICH
ASK YOU TO ABANDON
YOUR HIGHEST
PRIORITYES



Every form of spiritual thought enshrines some basic assumptions about how the world works. And each of us have our own core values and beliefs which are deeply engrained in us from our life experiences. IF THESE CONFLICT WITH EACH OTHER, YOU WILL STRUGGLE WITHIN THAT PRACTICE OR TRADITION!



OF ALL THE SPIRITUAL PATHS OUT THERE,
AVOID THE ONES WHICH
ASK YOU TO ABANDON
YOUR HIGHEST
PRIORITYES





Whatever spiritual direction you are leaving to pursue a new one—even if you left it a long time ago or have totally denounced it—left remnants in your life and mind. It takes effort to work through the things we still hold deep. The process is called DECONSTRUCTION, and if we don't process our odd ways of thinking and reacting to things when starting down a new spiritual road, it can be even harder to find a good direction which fits us.



**MAKE DECONSTRUCTION
PART OF YOUR
SPIRITUAL ROUTINE**



Whatever spiritual direction you are leaving to pursue a new one—even if you left it a long time ago or have totally denounced it—left remnants in your life and mind. It takes effort to work through the things we still hold deep. The process is called DECONSTRUCTION, and if we don't process our odd ways of thinking and reacting to things when starting down a new spiritual road, it can be even harder to find a good direction which fits us.



**MAKE DECONSTRUCTION
PART OF YOUR
SPIRITUAL ROUTINE**





While we humans all seem to need some form of spirituality in our lives, depending on what other connections and supports we have around us, the role we need spirituality to fill can vary widely.

○ ○ ○
**EXAMINE YOUR LIFE
AND FIGURE OUT
WHAT YOU NEED
THAT SPIRITUALITY
CAN PROVIDE**
○ ○ ○

? belonging
community ? peace of ?
routine ? mind ?
guidance ? enlightenment ?
enlightenment ? ritual ?
answers ?



While we humans all seem to need some form of spirituality in our lives, depending on what other connections and supports we have around us, the role we need spirituality to fill can vary widely.

○ ○ ○
**EXAMINE YOUR LIFE
AND FIGURE OUT
WHAT YOU NEED
THAT SPIRITUALITY
CAN PROVIDE**
○ ○ ○

? belonging
community ? peace of ?
routine ? mind ?
guidance ? enlightenment ?
enlightenment ? ritual ?
answers ?



Different directions offer different elements. It's important to pick one which best fits what you want or need.

THINK ABOUT
WHAT YOU ENJOY
AND FIND FULFILLING

A PATH - offers a system of learning and progression to an end goal. It offers structure.

A TRADITION - offers shared ritual and history. It offers belonging and identity.

A PRACTICE - offers instructions and activities to do. It offers a routine.

A RELIGION - offers shared beliefs and a common worldview.



Different directions offer different elements. It's important to pick one which best fits what you want or need.

THINK ABOUT
WHAT YOU ENJOY
AND FIND FULFILLING

A PATH - offers a system of learning and progression to an end goal. It offers structure.

A TRADITION - offers shared ritual and history. It offers belonging and identity.

A PRACTICE - offers instructions and activities to do. It offers a routine.

A RELIGION - offers shared beliefs and a common worldview.